

JUST FOR OVER 65'S

RESPITE

City of Sydney & Eastern Suburbs

Anglican Retirement Villages	1300 768 566
KinCare	1300 733 510
St George Migrant Resource Centre	9597 5455

SOCIAL SUPPORT

City of Sydney & Eastern Suburbs

Anglican Retirement Villages	1300 768 566
Calvary Silver Circle	1300 735 444
Chinese Australian Services Society	9789 4587
Holdsworth Community	9302 3600
KinCare	1300 733 510
South East Sydney Community Transport	8241 8000
St George Migrant Resource Centre	9597 5455
Wesley Home & Carer Support	9523 7811
The Junction Neighbourhood Centre	9349 8200

DEMENTIA

City of Sydney

Wyanga	9319 7175
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COMMUNITY NURSING

City of Sydney & Eastern Suburbs

Feros Care	1300 763 583
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DOMESTIC ASSISTANCE

City of Sydney & Eastern Suburbs

Alliance Health	9310 6512
Anglican Retirement Villages	1300 768 566
Calvary Silver Circle	1300 735 444
CASS Care Ltd.	9789 4587
KinCare	1300 733 510
Salvation Army Aged Care Plus	9645 3220
St George Migrant Resource Centre	9597 5455

PERSONAL CARE

City of Sydney & Eastern Suburbs

Alliance Health	9310 6511
Anglican Retirement Villages	1300 768 566
Calvary Silver Circle	1300 735 444
CASS Care Ltd.	9789 4587
KinCare	1300 733 510
Salvation Army Aged Care Plus	9645 3220
Wesley Home & Carer Support	9523 7811

TRANSPORT

City of Sydney & Eastern Suburbs

Anglican Retirement Villages	1300 768 566
Calvary Silver Circle	1300 735 444
South East Sydney Community Transport	8241 8000

TRANSPORT - Individual and group transport

Botany

South East Neighbourhood Centre	8338 8506
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Waverley

Junction Neighbourhood Centre Echo	9387 2885
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City of Sydney

Kings Cross Community Centre	9357 2164
South East Sydney Community Transport	8241 8000

Randwick/Waverley

Randwick/Waverley Community Transport	9369 5366
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City of Sydney & Eastern Suburbs

Sydney Multicultural Community Services	9663 3922
Holdsworth Community Transport	9302 3605

TRANSPORT - general

South East Sydney Community Transport	8241 8000
Randwick/Waverley Community Transport	9369 5366
Holdsworth Community Transport	9302 3605

COMMUNITY HEALTH - Community based health services

Botany/Randwick

Prince of Wales Community Health	9369 0400
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City of Sydney

St Vincent's Community Health	8382 1450
Redfern Community Health	9395 0444
Sydney District Nursing	1300 722 276

Waverley/Woollahra

St Vincent's Community Health	8382 1450
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City of Sydney & Eastern Suburbs

Spinal Cords Injuries Australia	
Emergency Day & Night Services	9661 8855; 1800 819 775
Maroubra Mobile Mental Health Service	9366 8711

FOOD SERVICES - Meals delivered to your home

Botany Meals on Wheels	9669 5295
City of Sydney Meals on Wheels	8512 4230
Randwick Meals on Wheels	9661 3781
Waverley Meals on Wheels	9386 7977
Holdsworth Community (Home Cuisine)	9327 2361
COA Sydney (Kosher Meals)	9389 0035
Australian Chinese Community Asn	9281 1377

FOOD SERVICES - Fresh fruit & vegetables delivered

Food Distribution Network	9316 8503
South East Neighbourhood Centre	8338 8506

COMMUNITY MEALS - Hot lunches in the community

Botany

Aged Services Centre	9669 4640
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City of Sydney

City of Sydney Centre Based Meals	9288 5600
Cliff Noble Centre, Alexandria	8512 8000
St Helens Community Centre, Glebe	9298 3050
Ron Williams Centre, Redfern	9288 5601
Reg Murphy Centre, Kings Cross	8374 6310
Harry Jensen Centre, Millers Point	9244 3696
Ultimo Community Centre, Ultimo	9298 3103

City of Sydney & Eastern Suburbs

Holdsworth Community (Gaden Cafe)	9302 3600
COA Sydney	9389 0035

INFORMATION - About services in Eastern Sydney

Eastern Sydney Multicultural Access	9700 8872
Dementia Advisory Service	8382 1450
My Aged Care	1800 200 422

CASE MANAGEMENT - Support for complex needs

DISABILITY

City of Sydney & Eastern Suburbs

Care Connect Services Disability Options	9690 3100
Independence at Home	9690 3100
Community Care, Benevolent Society	8314 9400

HIGH OR COMPLEX NEEDS

City of Sydney

Camperdown Community Options	9515 9800
Catholic Community Services - Homelessness	1800 225 474

City of Sydney & Eastern Suburbs

Community Care, Benevolent Society	8314 9400
Joint Care Planning	9369 0400
Anglican Retirement Villages	
Squalor, Housing Assistance	9700 7714
Catholic Community Services - Squalor	1800 225 474

COUNSELLING

Catholic Community Services	1800 225 474
Eastern Sydney Multicultural Access	9700 8872

COMPACTS - Short-term post hospital support

City of Sydney & Eastern Suburbs

Care Connect	9690 3100
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City of Sydney

Camperdown ComPacks	9515 9800
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HOME AND COMMUNITY CARE

Eastern Suburbs & the City of Sydney

Supporting older people,
people with disabilities, and their
carers to continue living independently
in their own home and community.

TRANSPORT
FOOD
HOME HELP
COMMUNITY NURSING
SOCIAL ACTIVITIES

Updated: September 2014



ARE YOU ELIGIBLE?

You may be eligible for HACC services if you are an older person, a person with a disability, a person with dementia or HIV/AIDS, a war veteran/widow or a carer for any of these people.

HOW MUCH DOES IT COST?

HACC services are inexpensive as they are subsidised by the Commonwealth and NSW government. Each service will provide information about its fees during initial discussions of your needs.

DO YOU NEED AN INTERPRETER?

If you are deaf or hearing impaired you can use the Telephone Typewriter service on **1800 810 586**

If you speak a language other than English then you can call the Translating and Interpreting Service on **131 450**

The following services specialise in providing services to the multicultural community but do not provide interpreting:

Eastern Sydney Multicultural Access	9700 8872
Sydney Multicultural Community Services	9663 3922
COA Sydney	9389 0035
Burger Centre	8345 9147

ARABIC—Tripoli and Mena Assn	9758 1366
CHINESE—Australian Chinese Community Association	9281 1377
GREEK—GWC Community Services	9516 2188
ITALIAN—Co.As.IT	9564 0744
SPANISH—Spanish & Latin American Association for Social Assistance	9724 2220
RUSSIAN—JewishCare FirstCall	1300 133 660

RESPIRE SERVICES - Support for carers

Botany

South East Neighbourhood Centre	8338 8506
Annabel House Dementia Day Care	9315 7726

Randwick

The Junction Neighbourhood Centre	9349 8200
Annabel House Dementia Day Care	9315 7726

City of Sydney

Darling House	9251 5959
Carter Evans Day Centre	9557 0032
St Vincent's Community Health	8382 1450
Stanley Hunt Centre (Chinese)	9211 9838

Waverley

St Vincent's Community Health	8382 1450
Waverley Seniors Centre	9386 7900
War Memorial Day Centre	9369 0263

Woollahra

St Vincent's Community Health	8382 1450
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City of Sydney & Eastern Suburbs

Anglican Retirement Villages	9700 7714
Australian Chinese Community Assn	9281 1377
Burger Centre	8345 9147
Catholic Community Services	1800 225 474
Club Botany Day Centre	9666 7394
Carer Respite Centre	1800 052 2222
Eastern Respite and Recreation	8347 7000
GWC Community Services	9516 2188
Holdsworth Community	9302 3600
Home Care Service NSW	1800 350 792
JewishCare	1300 133 660
Kincare Dementia Respite	1300 733 510
St Lukes	9356 0305

City of Sydney, Waverley & Woollahra

Rushcutters Bay Day Centre	8338 8506
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DEMENTIA

In-Home Respite - Dementia

Alleena-Warrambucca Aboriginal Home Care	9245 1822
Anglican Retirement Villages - Respite Options	9700 7714
Australian Chinese Community Association	9281 1377
Catholic Community Services	1800 225 474
Home Care Service of NSW	1800 350 792
KinCare Dementia Respite	1300 733 510
The Junction Neighbourhood Centre	9349 8200
South East Neighbourhood Centre	8338 8506
Carer Respite Centre	1800 052 222
St Luke's Dementia Carers Respite Program	9356 0466
Sydney Multicultural Community Services Day Care Program	9663 3922
Veteran's Home Care Program	1300 550 450

Younger Onset Dementia Services

The Cottage - War Memorial Hospital	9369 0400
Holdsworth Community Centre & Services	9302 3600

Dementia Centre Based Day Care

Carter Evans Day Centre	9557 0032
GWC Community Services	9516 2188
Rushcutters Bay Dementia Day Centre	8338 8506
Annabel House Dementia Day Centre	9382 8060
Anglican Retirement Village Dementia Day Centre	9700 7714
Burger Centre Dementia Day Centre	1300 133 660
Sydney Multicultural Community Services	9663 3922
Contact Botany Bay Respite Centre	9666 7394
War Memorial Dementia Day Centre	9369 0400
Stanley Hunt Dementia Day Centre	9211 9838
Club Holdsworth	9302 3600

SOCIAL SUPPORT - Activities, appointments, shopping

Botany

South East Neighbourhood Centre	8338 8506
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Randwick

The Junction Neighbourhood Centre	9349 8200
Burger Centre	8345 9147

City of Sydney

City of Sydney Centre Based Meals	9288 5600
Cliff Noble Centre, Alexandria	8512 8000
St Helens Community Centre, Glebe	9298 3050
Ron Williams Centre, Redfern	9288 5601
Reg Murphy Centre, Kings Cross	8374 6310
Harry Jensen Centre, Millers Point	9244 3696
Ultimo Community Centre, Ultimo	9298 31034

Waverley

Junction Neighbourhood Centre ECHO	9387 2885
Waverley Seniors Centre	9386 7900

City of Sydney & Eastern Suburbs

Catholic Community Services	1800 225 474
COA Sydney	9389 0035
Sydney Multicultural Community Services	9663 3922
Holdsworth Community	9302 3600

CARER SUPPORT - Counselling & advice for carers

Carers NSW

Carer Support Line	1800 242 636
Older Parent Carer Program	9280 4744
Holdsworth Community	9302 3600

HOME ASSISTANCE - Help with household tasks

City of Sydney & Eastern Suburbs

Home Care Service NSW	1800 350 792
Catholic Community Services	1800 225 474
Benevolent Society Home Assistance	8314 9400

PERSONAL CARE - Help with bathing, toileting, dressing

City of Sydney & Eastern Suburbs

Home Care Service NSW	1800 350 792
Catholic Community Services	1800 225 474
COA Sydney	9389 0035

HOME MAINTENANCE - Home repairs and gardening

City of Sydney & Eastern Suburbs

Sydney Home Maintenance and Modification Service	9519 5000
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Randwick

Randwick Home Maintenance and Modification Service	9399 0629
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GARDENING

City of Sydney & Eastern Suburbs

South East Sydney Home Maintenance and Modification Service	9519 5000
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ABORIGINAL SPECIFIC SERVICE PROVIDERS

All HACC services are available to Aboriginal and Torres Strait Islander people including Aboriginal specific services listed below.

Botany/Randwick Area

Guriwal	9311 2999
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City of Sydney

Wyanga	9319 7175
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City of Sydney & Eastern Suburbs

Aboriginal Medical Service	9319 5823
Alleena Warrambucca Aboriginal Home Care	8344 2800



INNER SYDNEY
REGIONAL COUNCIL
FOR SOCIAL DEVELOPMENT

